

March
2010

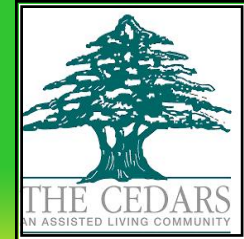


The Cedars



The Cedars
Assisted Living Community

628 OLD WEST-
PORT RD.
DARTMOUTH, Ma.
02747



March Highlights

◆ *Social Events*

- Sunday's & Saturday's 9:15am
Coffee & Current Events
- Sunday, March 7th
Lighthouse Gospel Group
- Sunday's at 1:45pm
Movie In The Living Room
- Monday's at 3:30pm
Men's Only Social
- Tuesday, March 2nd, 16th & 23rd
Open Wii Game Time/ Living Room
- Tuesday, March 9th & 30th
Knitting & Crochet Group Meeting
- Wednesday, March 3rd, 10th, 24th
Nail Social with Maria at 10:00am
- Friday's in March at 9:45am
Exercise with Becky In Wellness Rm.
- Thursday's at 3:15pm
Sing-A-Long with Peg
- Friday's at 10:30am
Book Club with Becky In The Library
- Every Friday Afternoon
Pub Social Hour at 3:15pm
- Saturday Mornings at 11:00am
Word Games In The Pub
- Every Saturday at 3:15pm
Hot Chocolate Social In The Pub
- Wednesday, March 3rd & 24th
Ice Cream Social In The Pub
- Thursday, March 11th & 25th
Showtime & Game Time with Jen
- Thursday, March 18th
Dine-In: Good Friend's Chinese
- Friday, March 19th at 10:30am
Welcome Social In The Living Room

◆ *Outings*

- Monday, March 1st
Stop & Shop / Citizens Bank
- Wednesday, March 3rd
Dine Out: Pizza Hut Somerset
- Monday, March 8th
Walmart Dartmouth & Banks

◆ *Outings Continued...*

- Thursday, March 11th
Michael's Craft Store
- Monday, March 15th
Christmas Tree Shop & \$ Store
- Monday, March 22nd
Walmart Dartmouth & Banks
- Wednesday, March 24th
GCS Meeting/Outing to The Oaks
- Monday, March 29th
Stop & Shop / Citizens Bank

◆ *Meetings*

- Thursday, March 4th
Resident Fire Safety Meeting
- Wednesday, March 10th & 31st
NEW Garden Club Meeting
- Sunday, March 14th
Worship Service with Rev. Leary
- Thursday, March 18th
Activity Planning Meeting
- Friday, March 19th
Welcome Social & Stories
- Thursday, March 25th
Let's Talk Food Meeting
- Wednesday, March 31st
Resident Council Meeting

◆ *Special Events*

- Tuesday, March 2nd
MassEDP Telephones Presentation
- Wednesday, March 10th
Bake Sale from 10am - 3:30pm
- Friday, March 12th
Comedy Show with Lisa Manning
- Tuesday, March 16th
Fall Prevention Program /Testing
- Wednesday, March 17th
Irish Boys St. Patrick's Dog Show
- Wednesday, March 17th
St. Patrick's Day Celebration with Kate Sullivan by The Piano
- Thursday, March 25th
Hearing Screenings MA Audiology
- Friday, March 26th
B- day Party with Dick Mandell

Celebrations & Highlighted Events

<u>Tuesday, March</u>		2nd
MassEDP Telephones Presentation		
<u>Wednesday, March</u>		10th
Bake Sale Today 10:00am - 3:30pm		
NEW <u>Wednesday, March</u>		10th & 31st
Garden Club Meeting		
<u>Friday, March</u>		12th
Lisa Manning and Friends Comedy Show NEW		
<u>Tuesday, March</u>		16th
Fall Prevention Program Presentation and Free Testing		
<u>Wednesday, March</u>		17th
Irish Boys St. Patrick's Dog Show & St. Pat's with Kate Sullivan		
<u>Thursday, March</u>		25th
Free Hearing Screenings by Mass. Audiology 1:00pm - 3:00pm		
<u>Friday, March</u>	NEW	26th
March Birthday Party with Dick Mandell In The Great Room		

My Second Chance *By Gloria Chester*

It was the day after Christmas. My daughter was bringing me home after spending the holidays with family. We stopped at the drug store on my way home to the Cedars. On the way I started to get sick to my stomach. My daughter didn't like the way that I looked so she called 911. They responded and upon arrival they felt the same as to the way I looked. They immediately rushed me to Charlton Hospitals ER. After I arrived I forgot everything that happened to me. They tried angioplasty but it didn't work. The doctor said he would call another doctor and his team to help. They came within an hour and talked to my son and daughter and told them I needed a double bypass. I had some close calls but thank God for Dr. Campos; he pulled me through even though it was tough. I owe my life to him and thank God for the support of my whole family. They remained at the hospital until I was out of surgery. They said that I would be alright but it would take a while for recovery. I spent 6 weeks in the hospital and part of the time at a rehab center. I prayed each day that I would come home soon to the Cedars. I cried coming in the door at the Cedars. I was so grateful to be coming home at last. I want to thank each and everyone living here that sent cards, flowers, candy etc. I am humbly grateful. As far as my second chance, of course you know our Lord will be the judge: "He will guide the way". I just hope that I can live here until my time comes. I couldn't ask for anything more. A special thanks to my son Richard, his family, my daughter Donna, and her husband Mike. My grandson Daniel, Tammy his wife, and my great granddaughter little Ally for all being here for me and never giving up.



- Executive Director
David Calandrella
- Resident Care Director
Laurie Augustson
- Business Office Manager
Kristen Nelson
- Marketing Director
Alice Rebelo
- Special Care Director
Annette Carreiro
- Program Coordinator
Rebecca McComb
- Food Service Coordinator
Susan Martin
- Maintenance Director
Steve Parkinson

- This Months
Birthday's
March 2010 
- 4th - Rose Gonsalves
 - 4th - Toni Boyd
 - 5th - Marry Harrington
 - 7th - Del Boudria
 - 10th - Ann Dumont
 - 14th - Hilda Sharpe
 - 16th - Dorothy Guilmette
 - 19th - Gerard Gagnon
 - 24th - Vivian Ping
 - 29th - Rena Suffoletto

Happy St. Patrick's Day
~Celebration~
We begin our day on March 17th with the famous Irish Boys Dog Show
If you love Irish music you'll love Kate Sullivan who will be leading us on Piano with good old fashion Irish jigs.
Finally, join us for a special "green" social hour in our Pub.



*For each petal on the shamrock
This brings a wish your way -
Good health, good luck,
and happiness
For today and every day.*
~Author Unknown



New Resident Articles: 
Gloria Chester

Sunshine Lady:
Eleanor Piva 

Country Store Hours
Monday ~ Wednesday ~ Friday
9:00am - 10:00am
Country Store Clerk:
Pauline Toomey



Hairdresser: Janet
Tuesday 8:00am
Wednesday 8:00am
Price List Posted
on Salon Door 