









# THE CEDARS ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Country Store Hours:</b> Monday, Wednesday, Friday 9:00am – 10:00am</p> <p><b>Rosary In The Chapel</b> Sun 10:00am &amp; Daily 5:00pm</p> 	<p><b>1.</b></p> <p>9:30 Shopper's Shuttle To: Stop &amp; Shop/ Citizens Bank 2:00 \$ Bingo \$ 3:30 Men's Social In The Living Room</p>	<p><b>2.</b></p> <p>10:30 Catholic Mass 2:00 MassEDP Telephones for People w/ Disabilities 3:30 Open Wii Game Time</p>	<p><b>3.</b></p> <p>10:00 Nail Social w/ Maria 10:30 Body For Life Fitness 11:15 Dine-out To: Pizza Hut/ Somerset 2:30-3:00 Ice Cream Social In The Pub</p>	<p><b>4.</b></p> <p>9:30 Resident Fire Safety Meeting/ Activity Room 2:00 .10¢ \$ Bingo \$ 3:15 Sing- A-Long w/ Peg</p>	<p><b>5.</b></p> <p>9:45 Body For Life Fitness 10:30 Book Club w/ Becky 2:00 Entertainment with Marc Deschenes 3:15 Social Hour In The Pub</p>	<p><b>6.</b></p> <p>9:15 Coffee &amp; Current Events 11:00 Word Games/ Pub 2:00 \$ Bingo \$ 3:15 Hot Chocolate Social</p> 
<p><b>7.</b></p> <p>9:15 Coffee &amp; Current Events 11:00 Urban Legends 2:00 Lighthouse Gospel 6:30 Sunday Night \$ Bingo \$ With Marissa</p>	<p><b>8.</b></p> <p>9:00– 11:00 Therapeutic Chair Massage by Heather 9:30 Shoppers Shuttle To: Walmart Dartmouth 2:00 \$ Bingo \$ 6:30 Bible Study</p>	<p><b>9.</b></p> <p>10:30 Catholic Mass 2:00 Painting with Teddy In The Wellness Room 3:30 Knitting Group w/ Josie</p>	<p><b>10. Bake Sale Today</b></p> <p>10:00 Nail Social w/ Maria 10:30 Body For Life Fitness 2:00 Gardening Club First Meeting/ Activity Room</p>	<p><b>11.</b></p> <p>9:30 Shopper's Shuttle To: Michael's Craft Store 10:00 Showtime with Jen 2:00 Giant Crosswords Game Activity Room 3:15 Sing- A-Long w/ Peg</p>	<p><b>12.</b></p> <p>9:45 Body For Life Fitness 10:30 Book Club w/ Becky 2:00 Lisa Manning and Friends Comedy Show 3:15 Social Hour In The Pub</p>	<p><b>13.</b></p> <p>9:15 Coffee &amp; Current Events 11:00 Word Games/ Pub 2:00 \$ Bingo \$ 3:15 Hot Chocolate Social <a href="#">*Remember to Turn your clocks ahead 1 hour tonight *</a></p>
<p><b>14. Daylight Savings Time Begins Today</b></p> <p>9:15 Coffee &amp; Current Events 11:00 Urban Legends 2:00 \$ Bingo \$ with Marissa 1:45 Worship Service In The Chapel</p>	<p><b>15.</b></p> <p>9:30 Shopper's Shuttle To: Christmas Tree &amp; \$ Store 2:00 \$ Bingo \$ 3:30 Men's Social In The Living Room</p>	<p><b>16.</b></p> <p>10:30 Catholic Mass 2:00 Fall Prevention Inter-Active Resident Program With Care Tenders 3:30 Open Wii Game Time</p> 	<p><b>17. St. Patrick's Day</b></p> <p>10:00 Joan Brenneke's Famous Irish Boys Dog Show 2:00 St. Pat's Celebration with Kate Sullivan 3:15 Irish Pub Social Hour With Annette</p> 	<p><b>18. Dine-In: Chinese Food</b></p> <p>9:45 Body For Life Fitness 10:30 Activity Plan Meeting 2:00 .10¢ Letter \$ Bingo \$ 3:15 Sing- A-Long w/ Peg</p>	<p><b>19.</b></p> <p>10:30 Welcome Social Greetings and Stories 2:00 Bye, Bye Winter Blues Entertainment/Chris Waters 3:15 Social Hour In The Pub</p>	<p><b>20. Spring Begins</b></p> <p>9:15 Coffee &amp; Current Events 11:00 Word Games/ Pub 2:00 \$ Bingo \$ 3:15 Hot Chocolate Social</p> 
<p><b>21.</b></p> <p>9:15 Coffee &amp; Current Events 11:00 Urban Legends 1:45 Afternoon Movie 2:00 \$ Bingo \$ with Marissa In The Wellness Room</p>	<p><b>22.</b></p> <p>9:00– 11:00 Therapeutic Chair Massage by Heather 9:30 Shopper's Shuttle To: Walmart Dartmouth 2:00 \$ Bingo \$ 3:30 Men's Social In The Living Room</p>	<p><b>23.</b></p> <p>10:30 Catholic Mass 2:00 Painting with Teddy In The Wellness Room 3:30 Knitting Group w/ Josie</p>	<p><b>24.</b></p> <p>10:00 Nail Social w/ Maria 11:00 Golden Cedars Society Outing To The Oaks 2:30-3:00 Ice Cream Social In The Pub</p> 	<p><b>25.</b></p> <p>10:00 Game Time w/ Jen 1:00 – 3:00pm Hearing Screenings w/ Ma Audiology 2:00 Let's Talk Food Meeting/ Activity Room 3:15 Sing- A-Long w/ Peg</p>	<p><b>26. Happy March Birthdays</b></p> <p>9:45 Body For Life Fitness 10:30 Book Club w/ Becky 2:00 March Birthday Party with Dick Mandell 3:15 Social Hour In The Pub</p>	<p><b>27.</b></p> <p>9:15 Coffee &amp; Current Events 11:00 Word Games/ Pub 2:00 \$ Bingo \$ 3:15 Hot Chocolate Social</p>
<p><b>28. Palm Sunday</b></p> <p>9:15 Coffee &amp; Current Events 11:00 Urban Legends 2:00 \$ Bingo \$ with Marissa 1:45 Afternoon Movie</p> 	<p><b>29. Full Moon</b></p> <p>9:30 Shopper's Shuttle To: Stop &amp; Shop Dartmouth 2:00 \$ Bingo \$ 3:30 Men's Social In The Living Room</p>	<p><b>30. Passover Begins</b></p> <p>10:30 Catholic Mass 2:00 Afternoon Movie Social In The Living Room 3:30 Knitting Group w/ Josie</p>	<p><b>31.</b></p> <p>10:00 Resident Council Meeting/ Activity Room 2:00 Gardening Club Meeting/ Activity Room</p>			 <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>All Activities Are Subject To Change</b></p> </div>